

## Claims

[c1] 1. A method of restoring energy in the human body to its natural pathway using a first electrical conducting pad, a second electrical conducting pad and third electrical conducting pad, wherein the first pad is connected to the second pad by a first electrical conducting wire and the first pad is connected to the third pad by a second electrical conducting wire, comprising:

placing the first pad over the belly button of the body;

placing the second pad at point on the left side of the body below the collar bone in a natural depression that is about mid-point between a left shoulder and center line of the body;

placing the third pad at point on the right side of the body below the collar bone in a natural depression that is about mid-point between a right shoulder and center line of the body; and

holding the position of the first, second and third pads for about two to three minutes.

[c2] 2. The method of claim 1, wherein in a muscle test is performed before placement of the pads to determine if polarity of the body is switched, the muscle test com-

rising:

placing a thumb and middle finger of a right hand together at tips of the thumb and middle finger of the right hand, so that the tips touch and the thumb and middle finger of the right hand make a circle;

taking a thumb and index finger of a left hand and positioning the thumb and index finger of the left hand so that first phalanges of the thumb and index finger of the left hand are parallel;

inserting the thumb and index finger of the left hand through the circle formed by the right hand;

mentally instructing a brain of the body to keep the thumb and finger of the right hand together for a Yes and to open for a No answer;

with the finger and thumb of the left hand inserted through the circle made by the right hand, trying to open the fingers of the left hand while questioning is the polarity of the body switched, if resistance is met from the fingers of the right hand while trying to open the fingers of the right hand, the answer is Yes, the polarity is switched, if there is a weakness in the right hand and the fingers respond by opening, the answer is No, the polarity is not switched.

[c3] 3.A method of restoring energy along a governing meridian in the human body to its natural pathway using

a first electrical conducting pad and a second electrical conducting pad, wherein the first pad is connected to the second pad by an electrical conducting wire, comprising: placing the first pad in an indentation on a back of the body on a left side of a spine of the body about midway between a tailbone and a waist of the body; placing the second pad in an indentation on the back of the body on a right side of the spine of the body about midway between the tailbone and the waist of the body; holding the position of the first and second pads for about two to three minutes to switch polarity back to normal for the governing meridian.

[c4] 4. The method of claim 3, wherein in a muscle test is performed before placement of the pads to determine if polarity of the body is switched, the muscle test comprising:

crossing ankles of the body right over left;

placing a thumb and middle finger of a right hand together at tips of the thumb and middle finger of the right hand, so that the tips touch and the thumb and middle finger of the right hand make a circle;

taking a thumb and index finger of a left hand and positioning the thumb and index finger of the left hand so that first phalanges of the thumb and index finger of the left hand are parallel;

inserting the thumb and index finger of the left hand through the circle formed by the right hand; mentally instructing a brain of the body to keep the thumb and finger of the right hand together for a Yes and to open for a No answer; with the finger and thumb of the left hand inserted through the circle made by the right hand, trying to open the fingers of the left hand while questioning is the polarity of the body switched, if resistance is met from the fingers of the right hand while trying to open the fingers of the right hand, the answer is Yes, the polarity is switched, if there is a weakness in the right hand and the fingers respond by opening, the answer is No, the polarity is not switched.

- [c5] 5. A method of restoring energy along a central meridian in the human body to its natural pathway using a first electrical conducting pad and a second electrical conducting pad, wherein the first pad is connected to the second pad by an electrical conducting wire, comprising: placing the first pad on a front of the body about one inch above a pubic bone and on a right side of the body; placing the second pad on the front of the body about one inch above the pubic bone and on a left side of the body; positioning both the first and second pads so that the

first and second pads are about three inches apart; holding the position of the first and second pads for about two to three minutes to switch polarity back to normal for the central meridian.

[c6] 6. The method of claim 5, wherein in a muscle test is performed before placement of the pads to determine if polarity of the body is switched, the muscle test comprising:

crossing ankles of the body left over right; placing a thumb and middle finger of a right hand together at tips of the thumb and middle finger of the right hand, so that the tips touch and the thumb and middle finger of the right hand make a circle; taking a thumb and index finger of a left hand and positioning the thumb and index finger of the left hand so that first phalanges of the thumb and index finger of the left hand are parallel; inserting the thumb and index finger of the left hand through the circle formed by the right hand; mentally instructing a brain of the body to keep the thumb and finger of the right hand together for a Yes and to open for a No answer; with the finger and thumb of the left hand inserted through the circle made by the right hand, trying to open the fingers of the left hand while questioning is the po-

larity of the body switched, if resistance is met from the fingers of the right hand while trying to open the fingers of the right hand, the answer is Yes, the polarity is switched, if there is a weakness in the right hand and the fingers respond by opening, the answer is No, the polarity is not switched.

- [c7] 7. A three point jumper, adapted to switch polarity of a human body, comprising:
  - a first electrical conducting pad adapted to be placed over a belly button of the body;
  - a second electrical conducting pad adapted to be placed on a left side of the body below a collar bone in a natural depression that is about mid-point between a left shoulder and center line of the body;
  - a third electrical conducting pad adapted to be placed on a right side of the body below the collar bone in a natural depression that is about mid-point between a right shoulder and center line of the body;
  - a first electrical conducting wire connecting said first pad to said second pad; and
  - a second electrical conducting wire said first pad to said third pad.

- [c8] 8. A two point jumper, adapted for restoring energy along a governing meridian in a human body to its natural pathway, comprising:

a first electrical conducting pad adapted to be placed in an indentation on a back of the body on a left side of a spine of the body about midway between a tailbone and a waist of the body;

a second electrical conducting pad adapted to be placed in an indentation on the back of the body on a right side of the spine of the body about midway between the tailbone and the waist of the body; and

an electrical conducting wire connecting said first pad to said second pad.

[c9] 9. A two point jumper, adapted for restoring energy along a central meridian in a human body to its natural pathway, comprising:

a first electrical conducting pad adapted to be placed on a front of the body about one inch above a pubic bone and on a right side of the body;

a second electrical conducting pad adapted to be placed on the front of the body about one inch above the pubic bone and on a left side of the body; and

an electrical conducting wire connecting said first pad to said second pad and long enough to allow positioning both said first and second pads so that said first and second pads are about three inches apart.